

January Shopping List 2019

First of all we would like to thank everyone who has taken part in our Winter Appeal 2018. Your donations have and will make a difference for those living in Braintree, Halstead, Witham, and surrounding villages. Since April 2018 we have fed over 3,300 people, of which 1,400 have been children, and your donations are helping your local communities.

- Tinned Cold Meat e.g. ham, corned beef
- Tinned Mixed Vegetables
- Tinned Carrots
- Sponge Puddings
- Fruit Juice (1lt Long life)
- Instant Mash
- Sponge Puddings
- Tinned Tomatoes
- Tinned Rice Pudding
- Custard (that can be made with hot water)
- Chocolate Bars e.g. Penguins, Kit Kat etc.
- Biscuits
- Tinned fish
- Tinned Fruit
- Sugar (500g bags)
- Tinned Cold Meat
- Coffee (small jars)
- Tinned Spaghetti
- Jam
- Packet Rice (500g) Packet Soups
- Pasta Sauce

Non-food items

- Shampoo
- Toilet Rolls
- Toothbrushes
- Antiperspirant
- Pet food
- Non-bio washing powder

We ask for small packs as larger packs do not fit in our boxes making it difficult for our clients to carry home. Also, we are unable (for hygiene reasons) to split large size or catering packs. Food donations can be made via your local library in Braintree, Witham, and Halstead.

We follow the standards set by the Food Standards Agency. We can only accept donations of unopened and undamaged goods that are still well within their "use by" date (no less than six months if possible). Items which do not meet these requirements cannot be used and your donation may be wasted.

On behalf of all our visitors we thank you for your generosity.

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W: www.braintreearea.foodbank.org.uk/give-help/donate-food